



**Thunder Bay District  
Health Unit**

**MAIN OFFICE**

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1-888-294-6630  
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**GERALDTON**

P.O. Box 1360  
510 Hogarth Avenue, W.  
Geraldton, ON P0T 1M0  
Tel: (807) 854-0454  
Fax: (807) 854-1871

**MANITOUWADGE**

P.O. Box 1194  
Manitowadge Health  
Care Centre  
1 Health Care Crescent  
Manitowadge, ON P0T 2C0  
Tel: (807) 826-4061  
Fax: (807) 826-4993

**MARATHON**

P.O. Box 384  
Marathon Library Building  
Lower Level,  
24 Peninsula Road  
Marathon, ON P0T 2E0  
Tel: (807) 229-1820  
Fax: (807) 229-3356

**NIPIGON**

P.O. Box 15  
Nipigon District  
Memorial Hospital  
125 Hogan Road  
Nipigon, ON P0T 2J0  
Tel: (807) 887-3031  
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**TERRACE BAY**

P.O. Box 1030  
McCausland Hospital  
20B Cartier Road  
Terrace Bay, ON P0T 2W0  
Tel: (807) 825-7770  
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Monday, March 30, 2015

Dear Resident,

This is to advise you of the results of water testing that was conducted around the Empire Lake area.

Water Samples taken from sand point wells around the lake ranged from sodium levels of 23.6mg/l to 161mg/l. Sodium levels above 20mg/l are a concern for people on a sodium restricted diets. If you are on a sodium restricted diet, we suggest that you consume an alternate approved source of drinking water.

If you have any questions please contact Abby Mackie, Senior Public Health Inspector at (807) 625-5933.

Yours truly,

Abby Mackie, B.A.Sc. (E.H) C.P.H.I. (c)  
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Thunder Bay District Health Unit  
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